**THE INTERNATIONAL GRIEF QUESTIONNAIRE – CAREGIVER VERSION (IGQ-CG)**

**OVERVIEW**:

The attached instrument is intended to be used by a parent or caregiver to report on their child’s experience of bereavement and related grief symptoms. This instrument can be used to generate a symptom score or to determine if the child may meet diagnostic requirements for ICD-11 PGD. The scoring information can be found below.

**DIAGNOSTIC ALGORITHM** is as follows:

A diagnosis of PGD requires (1) a lifetime bereavement, (2) bereavement occurring more than 6 months ago, (3) the presence of at least one of the two ‘essential’ symptoms (G1 or G2), (3) the presence of at least one ‘associated’ symptom (G3, G4, or G5), (4) a response of ‘yes’ to the question related to exceeding the expected cultural, social, or religious norms, and (5) the presence of functional impairment. Endorsement of a symptom or functional impairment item is defined as a score of 2 or higher.

**DIMENSIONAL SCORING** is as follows:

A total score for PGD symptoms can be calculated by summing responses from G1-G5.

**THE REFERENCE** for the measure is:

Redican, E., Shevlin, M., Hyland, P., Karatzias, T., Martsenkovskyi, D., & Ben-Ezra, M. (2024). Development and validation of the caregiver-report version of the international grief questionnaire (IGQ-CG): Results from a Ukrainian sample of parents. *Clinical Child Psychology and Psychiatry, 29*(4), 1481–1496. https://doi.org/10.1177/13591045241260897

**The International Grief Questionnaire – Caregiver Version (IGQ-CG)**

1. Are you the child’s: Mother Father Other caregiver
2. What age is the child: \_\_\_\_\_\_\_\_\_\_
3. What is your child’s sex? Male Female
4. Has anyone close to the child you care for ever died (e.g., a parent, grandparent, sibling, close friend)? No Yes
5. How was the deceased related to your child?

* Parent
* Brother or sister
* Grandparent
* Uncle or aunt
* Cousin
* Close friend

1. How long ago did this person die?

* Within the last 6 months
* 6 months to a year ago
* 1-2 years ago
* 2-3 years ago
* 3-5 years ago
* 6-10 years ago
* More than 10 years ago

**Instructions**: Below are a number of problems that people sometimes report following the death of a person close to them. Using the scale below, please choose the answer that best describes how **bothered the child you care for has been by each of these problems in the past week.**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Not at all | A little bit | Moderately | Quite a bit | Extremely |
| 0 | 1 | 2 | 3 | 4 |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| G1. My child yearns for the deceased almost every day. | 0 | 1 | 2 | 3 | 4 |
| G2. My child thinks too much about the deceased almost every day. | 0 | 1 | 2 | 3 | 4 |
| G3. My child feels guilty or angry about their loss. | 0 | 1 | 2 | 3 | 4 |
| G4. My child has trouble accepting the death of their loved one. | 0 | 1 | 2 | 3 | 4 |
| G5. My child feels sad or emotionally numb. | 0 | 1 | 2 | 3 | 4 |

G6. Would you say these problems have been going on for longer than most people in your social, cultural, or religious context would expect?

* Yes
* No
* I don’t know

G7. Have these experiences caused problems in the child’s life?

* Yes
* No